



# 23 Days of Kindness

COVID FRIENDLY

**1**  
**DINNER ON US**

Fill a basket with the makings of dinner. Spaghetti, Sauce, Brownie mix, parmesan cheese and maybe a loaf of bread. Text a known family in the neighborhood that you are leaving it on the porch for them.

**2**  
**DONATE SHOES**

Look through your room and your closet. Make it a family project. Bundle all your gently used shoes that don't fit and donate it to Waterstep International. It is probably time to clean out the closets anyway!!!

**3**  
**RING THE BELL**

It's all about the bell ... This is one of the easiest things we can do to help our community. Sign up to ring the Salvation Army bell. You can do this with your family. Wear a mask when bell ringing!

**7**  
**DRIVE THRU GIFT**

Go through a drive-thru sometime today and pay for the person behind you!

**8**  
**HANDWRITTEN NOTE**

Write an encouraging note or card and mail it to someone you know. It will brighten their day! We have to depend on the US Postal Service for many of our RAKs this year!

**9**  
**CARDS FOR RESIDENTS**

Write out a few cards and deliver it to a local nursing home. Invite your friends to do the same. Express season's greeting and write for them to have a good day.

**13**  
**NOTES ON CARS**

Write happy encouraging notes and put them on five (5) cars in any parking lot.

**14**  
**GOOD PARKING**

Encourage good parking Look for a car that is in a parallel spot. Leave a note that says, "Great parking job" with a candy cane.

**15**  
**COOKIES AND COCOA**

Have a virtual Cookies and Cocoa. Invite a few friends to join you on Zoom or Google Meet for Cookies and Cocoa. They can bring their own cookies and hot chocolate.

**19**  
**BREAKFAST BURRITOS**

The recipe is on our website. Make a batch of breakfast burritos for the Louisville Burrito Riders. Email us at [raklouisville@gmail.com](mailto:raklouisville@gmail.com) and we will connect you

**20**  
**25 SACK LUNCHES**

Sign up to make sack lunches for The Forgotten Louisville. Email us or check our website for Sign Up Genius link.

**21**  
**MOVIE NIGHT**

Make a Holiday-Movie-At-Home basket. Fill it with microwavable popcorn, packs of instant hot chocolate, and movie theatre candy and maybe even some fuzzy socks. Drop it off to a friend who enjoys watching movies. It will be a fun surprise.

**4**  
**MAKE A GOODIE BAG**

Make a goody bag with chocolates and different items. Write a happy note. Leave it on a friend's or neighbor's front porch. Text them and let them know you left a surprise.

**10**  
**CARDS FOR TEACHERS**

Take time to handwrite a card to a teacher or school administrator. And mail it to them!

**16**  
**CARE PACKAGE**

Do you know someone who is recovering after Covid or the flu or any other medical procedure? Send them a Care Package and let them know you are thinking about them. Deliver it to their front porch or use the US Postal Service.

**22**  
**OUTDOOR FOOD PANTRIES**

There are many outdoor food pantries around Louisville. Gather some non-perishable items and take a drive to add a few items to these pantries! It will be a fun family activity!

**5**  
**DING DONG DITCH DONUTS**

My neighbors love this RAK. We would recommend that you text/call your neighbor and let them know there is a box on their front porch and it is from you.

**11**  
**CLEAN THE HOUSE**

Clean the house - without being asked. Pick everything up. Clean, clean, clean.

**17**  
**MAKE A CALL**

Call a friend, a cousin or a grandparent. Someone you have not talked to in awhile. Someone who would enjoy a long chat.



**6**  
**CARE PACKS FOR HOMELESS**

Make Hygiene care packs for the Homeless. Email [raklouisville@gmail.com](mailto:raklouisville@gmail.com) and we will pick it up

**12**  
**FIREHOUSE TREATS**

Invite friends to drop off breakfast or treats at the local Firehouse. Cards, a basket of snacks, etc. Be sure to do it one person at a time or send one person to do it. We want to make sure everything is socially distanced. And make sure it is store bought. You may have to stop by the Firehouse beforehand to let them know.

**18**  
**MAKE A MEAL**

Sign up to make a simple meal for the homeless. Organizations such as The Forgotten Louisville and Keep Louisville Warm are always needing some help. Reach out to them.

**23**  
**RAK LOUISVILLE DAY**

We trust you to come up with an EPIC Random Act of Kindness to celebrate! Spread Joy all day.

SPREAD JOY  
RAKLouisville.com